

GET VACCINATED

It's worth a shot

IEHP MEMBERS 6 MONTHS OLD AND OVER CAN GET A FREE FLU SHOT AND OTHER VACCINES.

▶ **Are Vaccines Safe?**

Yes. Vaccines help lower your chances of getting and spreading serious diseases.

▶ **Where Do I Get Them?**

See your doctor or come to a Riverside University Health System (RUHS) vaccine clinic.



Scan for a full schedule of RUHS **FREE** flu shot and vaccine clinics.

